



**Instructor (Fudoshin Master)**  
Kevin King AMA 6<sup>th</sup> Dan and  
over 39 years of continual  
experience in many martial arts  
systems.

Phone: 07593830671

E-mail: worldfudoshin@btinternet.com

www.britishfudoshin.co.uk

## **FUDOSHIN MARTIAL ARTS**



不動心侍

# **PENTATHLON MARTIAL ARTS TOURNAMENT**

**Date:-**

28 October 2012

**Time:-**

10.00—14.00

**Venue:-**

Dorchester Judo Club, Saw-  
mills Lane, Dorchester, Dor-  
set, DT1 2RZ

### Content

**Section 1 (Atemi Waza Shiai):-**

- Sparring with all kicks, punches and strikes

**Section 2 (Nage Waza Shiai):-**

- Throwing Contest

**Section 3 (Gatamme Waza Shiai):-**

- Ground fighting

**Section 4 (Empty Hand Display for 2 minutes):-**

- This is a display of your own choice not including weapons

**Section 5 (Weapons Demo for 2 minutes):-**

- This can be Kata or a display of defences using a partner

Categories/Divisions will be based on age, grade, height and weight as far as reasonability possible.

Each fighting section will consist of 3 fights

Medals for Bronze, Silver and Gold for each division

Trophies for 1st and 2nd overall highest points gained across the full Pentathlon.

**Entry Fee:-  
£10**